Block of the Month – February 2014 – Simple Heart
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Fabric: Choose one fabric that reads as white or white-on-white and choose one that reads pink (any shade!). Please use pre-washed cotton.

Cutting:
A – (1) 6 ½” x 6 ½” pink square
B – (2) 3 ½” x 3 ½” pink squares
C – (1) 4” x 4” pink square (for half-square triangles)
D – (1) 4” x 4” white square (for half-square triangles)
E – (1) 3 ½” x 3 ½” white square
F – (2) 1 ½” x 1 ½” white squares

Assembly:
1. Put C+D right sides together. Draw a light line on one diagonal. Sew ¼” on each side of the line. Cut on the line. Press toward the pink. You will have two half-square triangle pieces. Trim them to 3 ½” square.
2. Put an F piece on a corner of a B piece. Sew on the diagonal of the white piece. Cut off the excess ¼” away from the sewing line. Press open.
3. Sew a DC + a BF + E to make the top “row” of the heart, following the diagram.
4. Sew the other BF + CD according to the diagram.
5. Sew step 4 pieces to the large square.
6. Sew the top row to the rest!

The odd edges in the picture will disappear when the hearts are sewn together and/or sashing is added.

BOM basics:
- Each person may enter up to three blocks each month.
- Please include your name on your block(s)! Many of us just use a mailing label.
- If you have nice scraps left over, consider including them with your block (pinned on or in a baggie) for the winner (a border or other finishing touches).
- If you cannot bring the blocks to the quilt meeting, you may mail them to the MQ office. Please allow adequate time for them to arrive before the Saturday drawing.
  Block of the Month
  Minnesota Quilters, Inc.
  1203 Fifth St. SE
  Minneapolis, MN  55414
- To help us celebrate more winners, we will draw two names if we have over 24 blocks (3 if we have 36+, 4 if we have 48+).
- Drawings are held at the Saturday meeting. If the winner(s) are not present, the blocks will either be mailed or left at the MQ office for the winner to pick up. We will call to notify winners.